

13D11N

# IRAQ & KURDISTAN



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## Day 01

### ✈️ Depart for Baghdad (3N)

Depart for **Baghdad, Iraq**. On arrival transfer to hotel.



Baghdad, Iraq

## Day 02

### 📍 Baghdad



Hotel Breakfast / Lunch / Dinner

Baghdad is the capital of Iraq. The population of Baghdad is approximately 9 million, making it the largest city in Iraq and the second largest city in the Arab world. **Baghdad city excursions** – **National Museum & the Old City - Copper Market, Al Mutanabbi Café Shahbandar, Mustansiriya School. Traditional Fish Masgouf dinner.**



National Museum

Old City



Al Mutanabbi Café Shahbandar

## Day 03

### 📍 Baghdad



Hotel Breakfast / Lunch / Dinner

Excursion to the **Martyr Monument** (outside view if closed for repairs), **Khadmiya Mosque** and the **Arch of Ctesiphon** (outside view) – the world's largest brick-built arch, and the last structure still standing from an ancient Persian imperial capital of the same name.

In the afternoon, visit **Agargouf Kassite Ziggurat**. The ziggurat built by the Kassites is dedicated to the god Enlil – is an unusually well preserved building, with mud brick core that still stands to a height of about 170 feet on the flat plain in the vicinity of Baghdad.



The Martyr Monument

Arch of Ctesiphon

Agargouf Kassite Ziggurat

## Day 04

### 📍 Baghdad > Iraqi Marshes > Ur > Nasiriyah (1N)

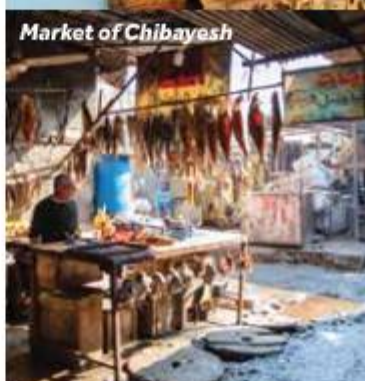


Hotel Breakfast / Lunch / Dinner

Early departure for a fun day as we explore the **marshes, waterways, and unique lifestyle of southern Iraq**. Enjoy a boat trip through the maze of marshes and stopping at local villages for tea. **Tour the local market of Chibayesh**. Continue to **Ur**, a major Sumerian city-state. Cuneiform tablets show that Ur was a highly centralized, wealthy, bureaucratic state during the third millennium B.C. See the home of the **biblical Abraham**.



Iraqi Marshes



Market of Chibayesh



Home of the Biblical Abraham





## Day 05

📍 **Nasiriyah > Babylon > Najaf (1N)**



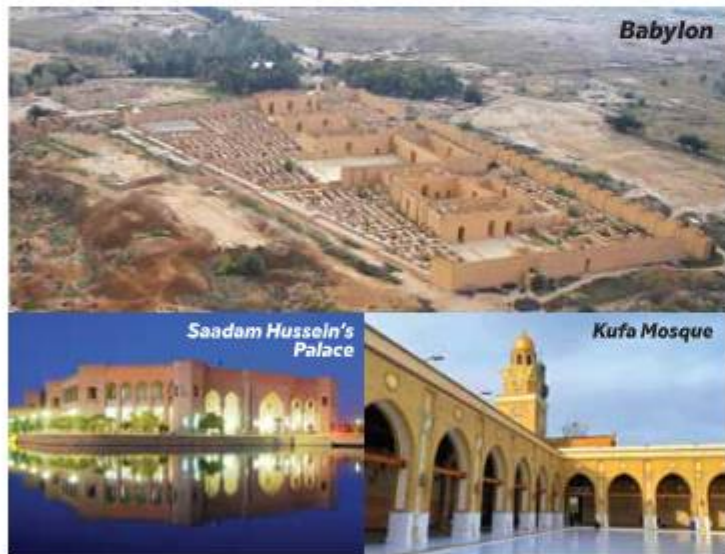
Hotel Breakfast / Lunch / Dinner

Travel to the ancient city of **Babylon** and overnight in **Najaf**.

**Babylon** – the most famous ancient city in the whole World. It was the capital of ten Mesopotamian dynasties. Renowned for its high, well-fortified walls and for the magnificence of its temples and palaces. Its famous Hanging Gardens, built by King Nebuchadnezzar II and one of the Seven Wonders of the World.

**Saadam Hussein's Palace next to Babylon.**

On to **Kufa Mosque** then **Najaf** where Imam Ali is buried. It was in nearby Kufa in 661 that Imam Ali, the son-in-law of the Prophet Mohamed, was badly wounded and, as he lay dying, instructed his followers to strap his body to the back of a white camel and, where the camel stopped, to dig his grave. On this spot grew up the shrine city of Najaf, a place of pilgrimage for the Shia. Visit spectacular Imam Ali shrine.



## Day 06

📍 **Najaf > Kerbala > Baghdad (1N)**



Hotel Breakfast / Lunch / Dinner

Visit **Karbala – the Shrine city** with Imam Hussein Shrine and **Al Abbas Mosque**. Continue to **Ukhaider**, the Islamic castle / palace.



## Day 07

📍 **Baghdad > Samarra > Hatra > Mosul (1N)**



Hotel Breakfast / Lunch / Dinner

Samarra is one of the four Islamic Holy Cities of Iraq, and is considered as the largest ancient city known in the whole World with its majestic ruins along the eastern bank of the Tigris.

**Samarra Mosque and Minaret** – a dominating, magnificent structure that was once the largest mosque in the Islamic world built by Caliph Al-Mutawakkil in 852 AD using bricks and clay. The **Mosque's minaret** is the famous. Spiral which rises to a height of 52 m.

**Hatra** – a fortified city under the influence of the Parthian Empire and capital of the first Arab Kingdom, The remains of the city, especially the temples where Hellenistic and Roman architecture blend with Eastern decorative features, attest to the greatness of its civilization.



## Day 08

📍 **Mosul > Al Qosh > Lalish > Duhok, Kurdistan (1N)**



Hotel Breakfast / Lunch / Dinner

**Mosul** is the second largest city in Iraq and in the process of rebuilding after being liberated from the Islamic State. Visit **Old Mosul** with its **souks and bazaar** and the **Immaculate Church**.

Proceed to **Al Qosh** to **Monastery of Rabban Hormuz**; the world's oldest monastery. Continue to **Shikhan** which has the **Lalish Temple** which is the most sacred temple for the **Yazidi** religion. Spend the afternoon here mingling and joining the festivities before overnighing in Duhok.





Old Mosul



Mosul Church



Monastery of Rabban Hormuz

## Day 09

**Duhok** ➤ **Erbil (1N)**



Hotel Breakfast / Lunch / Dinner

**Amadiya** – the stunning Kurdish mountain village which is a cultural and historical gem. See Saddam's Hussein's former mountain top Palace.

Walk to the **Shanidar caves**, an archaeological site. Overnight **Erbil**, the capital of Kurdistan.

Duhok



Amadiya



Shanidar caves



Erbil

## Day 10

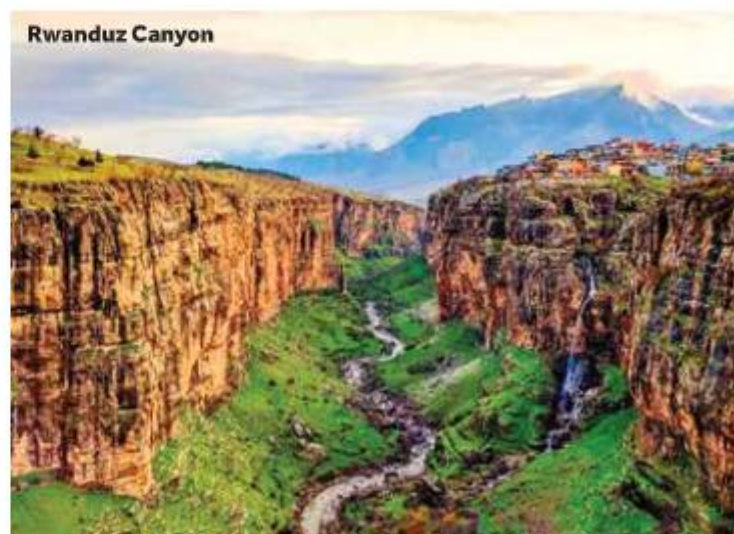
**Erbil** ➤ **Hamilton Road** ➤ **Sulaymaniyah (1N)**



Hotel Breakfast / Lunch / Dinner

**Rwanduz Canyon** is one of the most beautiful natural spots in Iraq. The countryside is pretty dramatic with snake like rivers moving between the canyons.

Drive on the **Hamilton Road** which connects Iraq with Iran. Built in the 1930's, it was an engineering marvel of its time. See the excavated **cave of Qzqapan**, which dates back to the Medes period. Overnight in **Sulamainyah** the second largest city in Kurdistan. In the evening, stroll **Saholka Street** – the street that never sleeps.



Rwanduz Canyon



Cave of Qzqapan



Hamilton Road



## Day 11

### Sulaymaniyah ➤ Erbil (1N)



Hotel Breakfast / Lunch / Dinner

Our first stop today is **Halabja**, the scene of a chemical attack on the Kurdish civilians, perpetrated by the Baathist regime. Visit the memorial site. Visit **Dukan Lake** on the way to Erbil. Visit the village of **Koy Sanjaq** which is located in one of the most beautiful regions of Kurdistan.



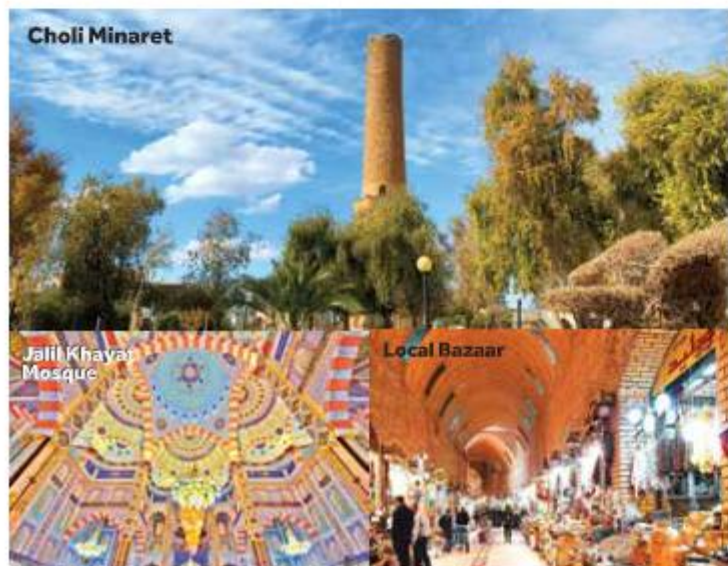
## Day 12

### Depart Erbil ✈



Hotel Breakfast / Lunch / -

Visit **Erbil Citadel** in the historical centre. Continue to **Choli Minaret** and **Jalil Khayat Mosque**. Visit the **local bazaar** for last minute bargains. Transfer to Erbil airport for flight home.



## Day 13

### Arrive Home



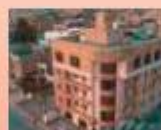
We always attempt to add more sites and interesting places. The above schedule is our minimum – you should see more.....

## HOTELS



### BAGHDAD

Shaheen Hotel 4\* or similar  
(4 nights) ★★★★★



### NASIRIYAH

Al Zaitoon Hotel 4\* or similar  
(1 night) ★★★★★



### NAJAF

Qasr Al Dur Hotel 4\* or similar  
(1 night) ★★★★★



### MOSUL

Bashtabia Hotel Mosul 4\* or similar  
(1 night) ★★★★★



### DUHOK

Dilshad Hotel Duhok 4\* or similar  
(1 night) ★★★★★



### ERBIL

Erbil International Hotel 4\* or similar  
(2 nights) ★★★★★



### SULAYMANYIA

Millenium Hotel Sulaymaniyah 4\* or similar  
(1 night) ★★★★★

\*Note: Hotel subject to final confirmation. Should there be changes, customers will be offered similar accommodation to the list.



# HIGHLIGHTS

- 📍 *Baghdad City Excursions*
- 📍 *Agargouf Kassite Ziggurat*
- 📍 *Kerbala – The Shrine City*
- 📍 *Ukhaider, The Islamic Castle / Palace*
- 📍 *The Marshlands of Southern Iraq*
- 📍 *Samarra Mosque and Minaret*
- 📍 *Erbil Citadel*



## DELICACIES

Meal Plan

**11** Breakfasts, **11** Lunches, **10** Dinners

Mediterranean Sea





**13天11夜**

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## 第1天

### ✈️ 出发前往巴格达（3晚）

启程前往伊拉克巴格达。抵达后送往酒店



巴格达

## 第2天

### 📍 抵达巴格达

🍴 早餐 / 午餐 / 晚餐

巴格达是伊拉克的首都。巴格达的人口约为900万，是伊拉克最大的城市，也是阿拉伯世界的第二大城市。巴格达城市游览 - 国家博物馆和老城区 - 铜市场，Al Mutanabbi Café Shahbandar, Mustansiriya学校。传统的Fish Masgouf晚餐。



老城

国家博物馆

Al Mutanabbi  
Shahbandar 咖啡馆

## 第3天

### 📍 巴格达

🍴 早餐 / 午餐 / 晚餐

游览**烈士纪念碑**（如果关闭维修，则外观赏）、卡德米亚清真寺和泰西封拱门（观外）——世界上最大的砖砌拱门，以及仍然矗立在同名古波斯帝国首都的最后一座建筑。

下午，参观Agargouf Kassite Ziggurat。卡斯特人建造的金字塔是献给恩利尔神的——是一座保存异常完好的建筑，泥砖芯仍然矗立在巴格达附近的平坦平原上约 170 英尺高。



烈士纪念碑

泰西封拱门

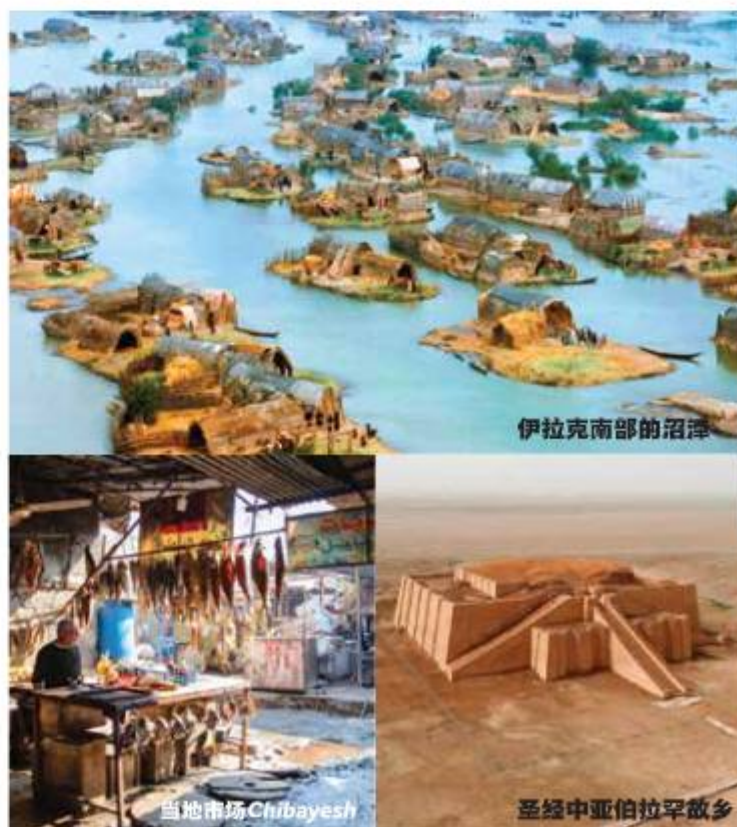
Agargouf Kassite Ziggurat

## 第4天

### 📍 巴格达 > 伊拉克沼泽 > 乌尔 > 纳西里耶（1晚）

🍴 早餐 / 午餐 / 晚餐

早点出发，探索伊拉克南部的沼泽、水道和独特的生活方式。**乘船游览迷宫般的沼泽**，并在当地村庄停下来喝茶。参观Chibayesh的当地市场。继续前往乌尔，一个主要的苏美尔城邦。楔形文字石板表明，乌尔在公元前三千年是一个高度集中、富裕、官僚主义的国家。参观**圣经中亚伯拉罕**的故乡。



伊拉克南部的沼泽

当地市场Chibayesh

圣经中亚伯拉罕故乡



## 第5天

📍 纳西里耶 > 巴比伦 > 纳杰夫 (1晚)



早餐 / 午餐 / 晚餐

前往巴比伦古城，在纳杰夫过夜。

**巴比伦** - 全世界最著名的古城。它是美索不达米亚十个王朝的首都。以其高耸、坚固的城墙以及宏伟的寺庙和宫殿而闻名。其著名的空中花园，由尼布甲尼撒二世国王建造，是世界七大奇迹之一。

巴比伦旁边的**萨达姆侯赛因宫殿**。

前往**库法清真寺**，然后是伊玛目阿里被埋葬的纳杰夫。661年，先知穆罕默德的女婿伊玛目阿里在附近的库法受了重伤，在他垂死之际，指示他的追随者将他的尸体绑在一头白骆驼的背上，在骆驼停下来的地方挖他的坟墓。在这个地方长大了圣城纳杰夫，这是什叶派的朝圣之地。参观壮观的伊曼阿里神社。萨达姆·侯赛因的宫殿毗邻巴比伦。



## 第6天

📍 纳杰夫 > 卡尔巴拉 > 巴格达 (1晚)



早餐 / 午餐 / 晚餐

参观**卡尔巴拉** - 拥有伊玛目侯赛因神殿和阿巴斯清真寺的圣地城市。继续前往伊斯兰城堡/宫殿Ukhaider。



## 第7天

📍 巴格达 > 萨迈拉 > 哈特拉 > 摩苏尔 (1晚)

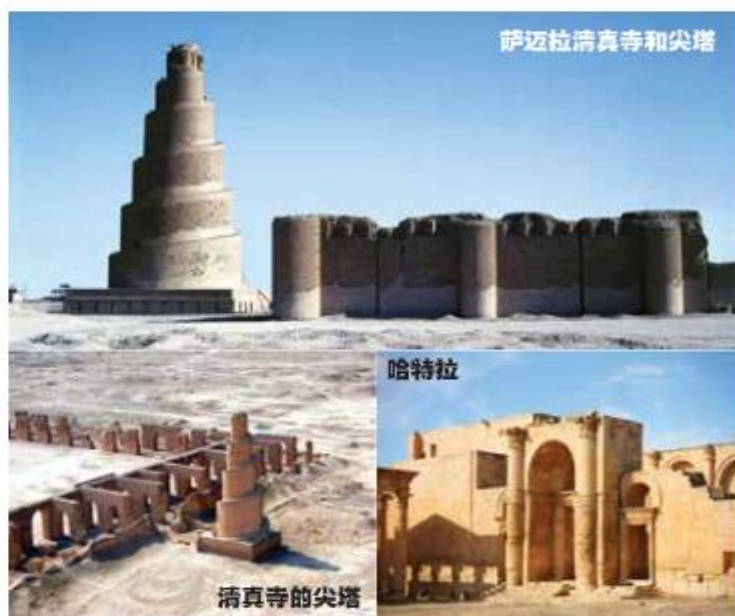


早餐 / 午餐 / 晚餐

**萨迈拉**是伊拉克四大伊斯兰圣城之一，被认为是世界上最大的古城，其雄伟的废墟位于底格里斯河东岸。

**萨迈拉清真寺和尖塔** - 一座宏伟的建筑，曾经是伊斯兰世界最大的清真寺，由哈里发穆塔瓦基尔于公元852年使用砖块和粘土建造。清真寺的尖塔很有名。螺旋上升到52 m的高度。

**哈特拉** - 帕提亚帝国影响下的要塞城市，也是第一个阿拉伯王国的首都，这座城市的遗迹，尤其是希腊化和罗马建筑与东方装饰特色融为一体的寺庙，证明了其文明的伟大。



## 第8天

📍 摩苏尔 > 库什 > 拉利什 > 库尔德斯坦杜胡克 (1晚)



早餐 / 午餐 / 晚餐

**摩苏尔**是伊拉克第二大城市，从伊斯兰国手中解放出来后正在重建。参观**摩苏尔老城**及其露天市场和集市以及圣母无原罪教堂。

前往Al Qosh，前往**拉班霍尔木兹修道院**，世界上最古老的修道院。继续前往Shikhan，那里有Lalish神庙，这是雅兹迪宗教最神圣的神庙。在这里度过一个下午，参加庆祝活动，然后在杜霍克过夜。





摩苏尔老城



摩苏尔集市

摩苏尔教堂



拉班霍尔木兹修道院



阿马迪亚

Shanidar洞穴

埃尔比勒



## 第10天

📍 埃尔比勒 > 汉密尔顿路 > 苏莱曼尼亚 (1晚)



早餐 / 午餐 / 晚餐

**卢旺达杜兹峡谷**是伊拉克最美丽的自然景观之一。乡村非常引人注目，像蛇一样的河流在峡谷之间移动。

在连接伊拉克和伊朗的**汉密尔顿路**上行驶。它建于1930年代，是当时的工程奇迹。参观Qzqapan的挖掘洞穴，其历史可以追溯到米底时期。在库尔德斯坦第二大城市苏拉迈尼亚过夜。傍晚时分，漫步在萨霍尔卡街(Saholka Street)——一条不夜城。

## 第9天

📍 杜胡克 > 埃尔比勒 (1晚)



早餐 / 午餐 / 晚餐

**阿马迪亚** - 令人惊叹的库迪什山村，是文化和历史瑰宝。参观萨达姆的侯赛因的前山顶宫殿。步行到考古遗址Shanidar洞穴。一夜之间，库尔德斯坦的首都埃尔比勒。



杜胡克



卢旺达杜兹峡谷



Qzqapan挖掘洞穴

汉密尔顿路



## 第11天

📍 苏莱曼尼亚 > 埃尔比勒 (1晚)



早餐 / 午餐 / 晚餐

我们今天的的第一站是**哈拉布贾**，这里是复兴党政权对库尔德平民发动化学袭击的现场。参观纪念馆。在前往埃尔比勒的途中参观**杜坎湖**。参观位于库尔德斯坦最美丽地区之一的Koy Sanjaq村。



## 第12天

📍 离开埃尔比勒 ✈️



早餐 / 午餐 / -

参观历史中心的**埃尔比勒城堡**。继续前往Choli Minaret和Jalil Khayat清真寺。参观当地的集市，在最后一刻讨价还价。送往埃尔比勒机场乘飞机回家。



## 第13天

📍 到家



- / - / -



我们总是尝试添加更多站点和有趣的地方。上面的时间表是我们的最低时间表——你应该看到更多……

## 酒店



### BAGHDAD

Shaheen Hotel 4\* or similar  
(4 nights) ★★★★★☆



### NASIRIYAH

Al Zaitoon Hotel 4\* or similar  
(1 night) ★★★★★☆



### NAJAF

Qasr Al Dur Hotel 4\* or similar  
(1 night) ★★★★★☆



### MOSUL

Bashtabia Hotel Mosul 4\* or similar  
(1 night) ★★★★★☆



### DUHOK

Dilshad Hotel Duhok 4\* or similar  
(1 night) ★★★★★☆



### ERBIL

Erbil International Hotel 4\* or similar  
(2 nights) ★★★★★☆



### SULAYMANYIA

Millenium Hotel Sulaymaniyah 4\* or similar  
(1 night) ★★★★★☆

\*Note: Hotel subject to final confirmation. Should there be changes, customers will be offered similar accommodation to the list.





**巴格达**  
Baghdad 酒店或同级  
(4 晚) ★★★★★



**卡尔巴拉**  
Al-Baroon 酒店或同级  
(1 晚) ★★★★★



**纳杰夫**  
Granad 酒店或同级  
(1 晚) ★★★★★



**纳杰夫**  
Somryoon 酒店或同级  
(1 晚) ★★★★★



**摩苏尔**  
Modern Plaza 酒店或同级  
(1 晚) ★★★★★



**杜霍克**  
Dilshad 酒店或同级  
(1 晚) ★★★★★



**苏莱曼尼亚**  
Millineum 酒店或同级  
(2 晚) ★★★★★



**埃尔比勒**  
Rotana Arjan 酒店或同级  
(2 晚) ★★★★★

\*注意：酒店以最終確認為準。如果有變化，將向客戶提供與列表類似的住宿。

## 亮点

- 📍 巴格达城市游览
- 📍 巴比伦和博尔西帕等古城
- 📍 卡尔巴拉的伊玛目侯赛因神社
- 📍 Ukhaider, 伊斯兰城堡/宫殿
- 📍 伊拉克南部的沼泽
- 📍 伊朗边境的塔维拉
- 📍 埃尔比勒城堡

## 美食

餐飲數量

13 顿早餐 / 13 顿早餐 / 13 顿早餐

