



#### - Depart for Kabul, Afghanistan

Check in for your flight to Kabul, Afghanistan.



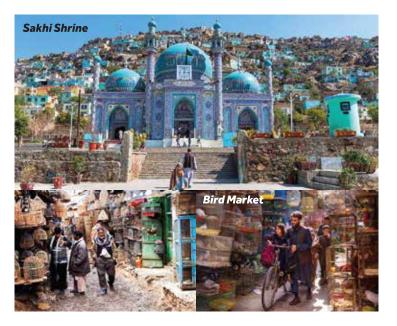
## **Day 02**





-/Lunch/Dinner

Arrive Kabul and briefing. Visit the **Bird Market** in the oldest part of Kabul. It's not only a bird market but a big portion of life like blacksmiths, antique sellers, old shops etc is out there. You will see various types people from different Afghan ethnicities. Visit the turquoise-tiled mosque, **Sakhi Shrine**. This place is sacred to Shia Muslims, who believe it to be the final resting-place of Hazrati Ali, the cousin of the Prophet Muhammad.



## **Day 03**





Hotel Breakfast / Lunch / Dinner

Hit the road towards **Bamyan** – home of the Hazaras and one of the most peaceful places in Afghanistan.

The hillsides contain many caves in which monasteries and Buddhist carvings were once situated. Visit the Buddha Niches. The Buddha's of Bamyan were two 6th century monumental statues of standing Buddha carved into the side of a cliff and were destroyed in 2001.

See the natural landscape of **Dragon Valley**, see the ruins of **Shah e Zohak (Red Fort)** and the remains of **Shah e Golghola** (**The City of Screams)** which was destroyed by Genghis Khan.



## **Day 04**

Blue Lakes of Band-e-Amir



Hotel Breakfast / Lunch / Dinner

The Lapis Lazuli blue waters of **Band-e-Amir (Afghanistan's first National Park)** are often the highlight of any trip to Afghanistan. Legend has it that the dams that separate the 5 lakes were made by Ali, the prophet's Mohammad's cousin and son-in-law. However, they are natural dams made from mineral deposits. The lakes contrasts to the stark landscape surrounding them only adds to the beauty.



## **Day 05**

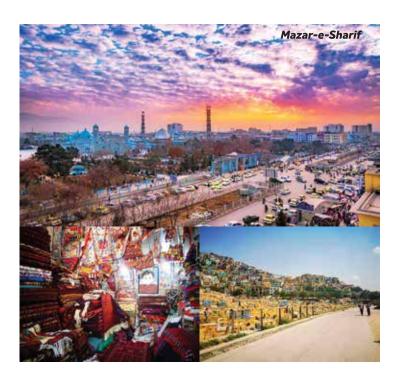


#### 🛇 Bamyan 洂 Mazar-e-Sharif (3N)



Hotel Breakfast / Lunch / Dinner

Journey North passing through the Hindukush ranges & Salang Tunnels built by the Soviets which was once the 2nd longest tunnel in the world. Reach Mazar-e-Sharif in the evening after driving into the Afghan countryside and seeing villages, local population and spectacular scenery. It is the center of Central Asian carpet trade and a relaxed city.



## **Day 06**



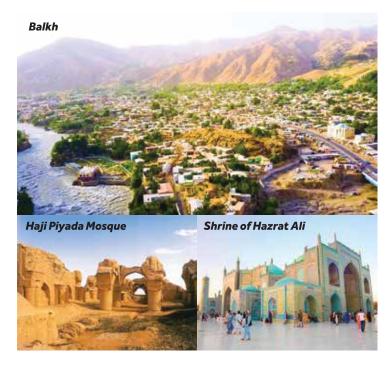
🛇 Mazar-e-Sharif 沙 Balkh



Hotel Breakfast / Lunch / Dinner

Journey to **Balkh**, an ancient city and centre of Buddhism, Sufism and Zoroastrianism. See Haji Piyada Mosque, Khoja Parsa Mosque and Bala Hisar, the ancient citadel build by Alexander the Great when he destroyed the Persian empire and crossed Amu Darya River in early 330.

Return to Mazar-e-Sharif & visit the blue tiled Mosque of Ali & shrine of Hazrat Ali. It is believed to be the burial place of the prophet's son in law, Ali and many Shias try to make a pilgrimage to this sacred site at least once in their lifetime. The exquisitelypatterned decoration of the shrine, is set in an expansive white marble courtyard. Add the great flocks of white doves, and a dazzling blue sky, and you have one of the best photo locations in all of Central Asia.



## **Day 07**

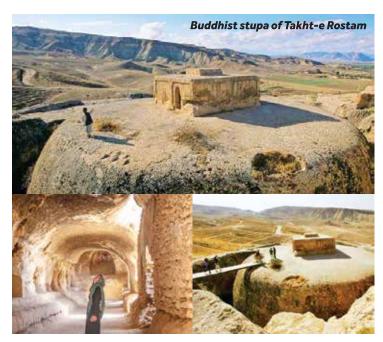


🛇 Mazar-e-Sharif > Samangan



Hotel Breakfast / Lunch / Dinner

A couple of hours south of Mazar lies one of Afghanistan's most unexpected and rewarding sights – the 28m high **Buddhist stupa of Takht-e Rostam**. Carved out of rock, this complex sits high above the valley and is today one of the country's most enduring legacies from the pre-Islamic era.



## **Day 08**





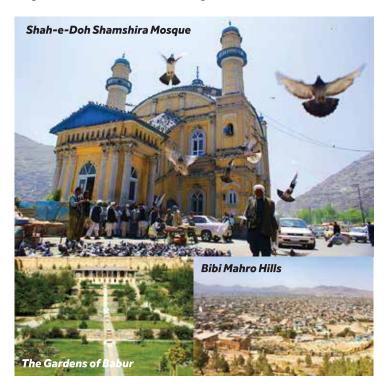
Hotel Breakfast / Lunch / Dinner

Morning flight to Kabul.

Visit **Shah Do Shamshira Mosque** built by the King Amanullah Khan in the memory of the Arab King who forced Kabul people into Islam in the early 683 with his two swords.

**The Gardens of Babur**, a historic park in Kabul and also the last resting-place of the first Mughal emperor Babur. The gardens are thought to have been developed around 1528 when Babur gave orders for the construction of an 'avenue garden' in Kabul. Overall view of Kabul city at **Bibi Mahro Hills**.

Flight to Herat in the evening.



**Day 09** 

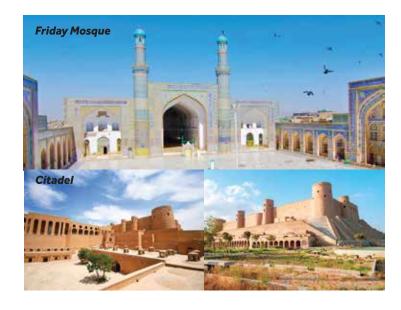




Hotel Breakfast / Lunch / Dinner

Explore **Herat's fascinating old city**. The city's ancient glory has been beautifully restored and beyond the main streets, you will find decorated caravanserais and craftsmen of all kinds. See the magnificent **Friday Mosque**. This is one of the finest examples of **Ghorid and Timirud** tiling. Visit the **Citadel** dating back to Alexander the Great in 330BC. Many empires have used it as a headquarters in the last 2,000 years & was destroyed and rebuilt many times over the centuries.



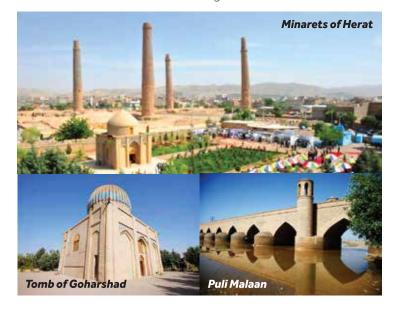


**Day 10** 



Hotel Breakfast / Lunch / Dinner

**Tomb of Goharshad** and **Minarets of Herat**. A much larger complex of the Mosque and Madrassa of Gawharshad were dynamited by officers of the British Army in 1885, to prevent its use as a fortress if a Russian army tried to invade. But the Tomb and minarets are still standing. Visit **Guzargah Mosque** and **Puli Malaan**, 22-arched bridge.



**Day 11** 

O Depart Kabul



Hotel Breakfast /- / -

Transfer to Kabul Airport for flight home.

**Day 12** 



# **HOTELS** KABUL Cedar Guesthouse or similar (1 night) ★★★★☆ BAMIAN Noorbandqala Hotel or simliar (2 nights) ★★★☆☆ MAZAR-e-SHARIF Arsalan Hotel or similar (3 nights) ★★★★☆ HERAT Istiqlal Hotel or similar (2 nights) ★★★★☆ KABUL Cedar Guesthouse or similar (1 night) $\star\star\star\star$

# <u>HIGHLIGHTS</u>

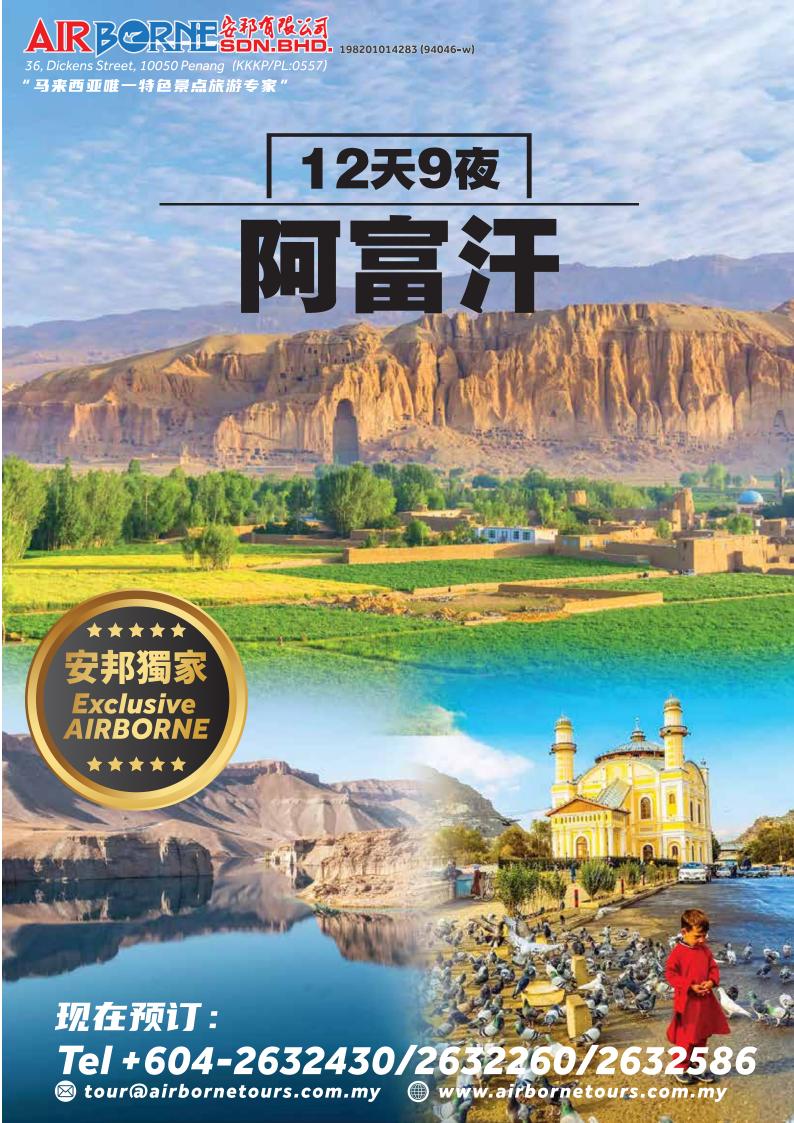
- **Bamyan and its Buddha niches**
- Q Lapis Lazuli Blue Lakes of Band-e-Amir
- Mazar-e-Sharif and its Blue tiled Mosque
- **Q** Balkh
- Buddhist stupa of Takht-e-Rostam at Samangan
- Herat and Old City with its Minarets

#### **DELICACIES**

Meal Plan

09 Breakfasts, 08 Lunches, 08 Dinners





#### 第1天

#### <del>)</del> 前往阿富汗,喀布尔

飞往阿富汗的首府- 喀布尔。



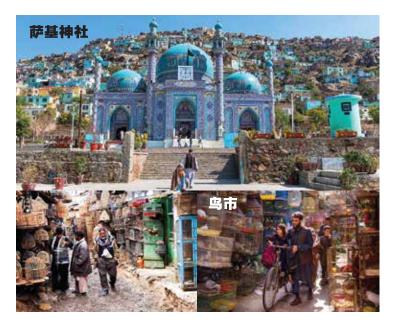
#### 第2天

#### ◎ 抵达喀布尔(1晚)



- / 午餐 / 晚餐

抵达喀布尔聽取简報。参观喀布尔最古老的地区的鸟市。它不仅是一个鸟类市场,而且还有铁匠、古董商、老店等生活的很大一部分。你会看到来自不同阿富汗种族的各种类型的人。参观绿松石瓷砖清真寺,萨基神社。.这个地方对什叶派穆斯林来说是神圣的,他们认为它是先知穆罕默德的学兄哈兹拉蒂阿里的最后安息之地。



## 第3天

### ◎ 喀布尔 ≫ 巴米扬 (2晚)



早餐/午餐/晚餐

踏上通往巴米扬的道路。

哈扎拉人的故乡,也是阿富汗最和平的地方之一。山坡上有许多洞穴,曾经有寺院和佛教雕刻。参观佛壁龛。 巴米扬的佛像是两尊6世纪的立佛纪念雕像,雕刻在悬崖边,于2001年被摧毁。

参观龙谷的自然景观,参观沙阿·佐哈克(红堡)的废墟和被成吉思汗摧毁的沙阿·戈尔戈拉(尖叫之城)的遗迹。



#### 第4天

#### ② 班德阿米尔蓝湖



早餐/午餐/晚餐

(阿富汗第一个国家公园) Band-e-Amor 的青金石蓝色海水通常是任何阿富汗之旅的亮点。 传说分隔5个湖泊的水坝是由先知穆罕默德的堂兄和女婿 阿里建造的。然而,它们是由矿藏制成的天然水坝。 湖泊与周围荒凉的景观形成鲜明对比,只会增加美丽。



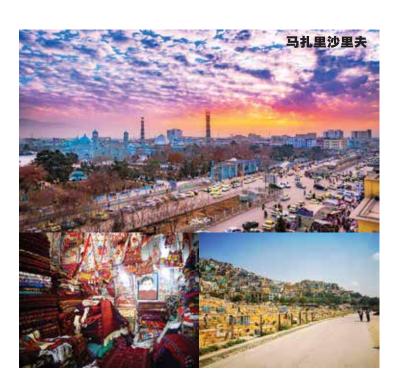
#### 第5天

#### ◎ 巴米扬 ≫ 马扎里沙里夫(3晚)



早餐/午餐/晚餐

向北穿越苏联建造的兴都库什山脉和萨朗隧道,该隧道 曾经是世界上第二长的隧道。开车进入阿富汗乡村并看 到村庄,当地居民和壮观的风景后,晚上到达马扎里沙 里夫。它是中亚地毯贸易的中心,也是一个轻松的城市。



## 第6天

### 💡 马扎里沙里夫 泌 巴尔赫



早餐/午餐/晚餐

前往**巴尔赫**,一座古老的城市,也是佛教,苏菲主义和 琐罗亚斯德教的中心。参观哈吉皮亚达清真寺,**霍贾帕 尔萨清真寺和巴拉希萨尔**,这是亚历山大大帝在330年初 摧毀波斯帝国并越过阿姆河时建造的古老城堡。

返回**马扎里沙里夫**,参观**蓝色瓷砖阿里清真寺和哈兹拉特阿里神殿**。它被认为是先知女婿的墓地,阿里和许多什叶派试图在他们的一生中至少朝圣一次。神社的精美图案装饰坐落在宽敞的白色大理石庭院中。

再加上大群的白鸽和耀眼的蓝天,你就拥有了整个中亚 最好的拍照地点之一。



#### 第7天

#### ◎ 马扎里沙里夫 ≫ 萨曼干



早餐/午餐/晚餐

在马扎尔以南几个小时的地方,坐落着阿富汗最令人意想不到和最有价值的景点之一 - 28米高的Takht-e Rostam,佛教佛塔这座建筑群由岩石雕刻而成,高耸于山谷之上如今是该国前伊斯兰时代最持久的遗产之一。



## 第日天

### ◎ 马扎里沙里夫 → 喀布尔 → 赫拉特(2晚)



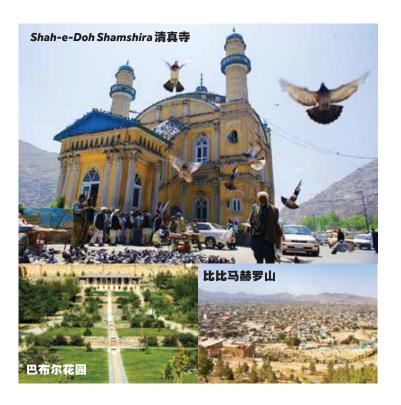
早餐/午餐/晚餐

早上飞往**喀布尔**的航班。

参观Shah Do Shamshira,由国王Amanullah Khan建造的清真寺以纪念阿拉伯国王在683年初用他的两把剑迫使喀布尔人皈依伊斯兰教。

巴布尔花园是喀布尔的一个历史悠久的公园,也是第一位 莫卧儿皇帝巴布尔的最后安息之地。这些花园被认为是 在1528年左右开发的,当时巴布尔下令在喀布尔建造一个 "大道花园"。喀布尔市在比比马赫罗山的全景。

晚上飞往赫拉特



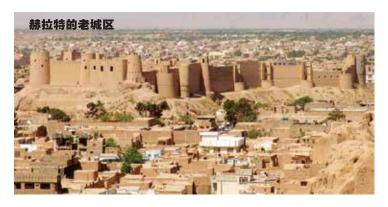
### 第9天

#### ◎ 赫拉特



早餐/午餐/晚餐

探索赫拉特迷人的老城区。这座城市的古老荣耀已经得到了精美的修复,在主要街道之外,您会发现装饰精美的商队和各种工匠。参观宏伟的星期五清真寺。这是Ghorid和Timirud瓷砖的最佳例子之一。参观可追溯到公元前330年亚历山大大帝的城堡。在过去的2000年里,许多帝国都将其用作总部,并在几个世纪中多次被摧毁和重建。





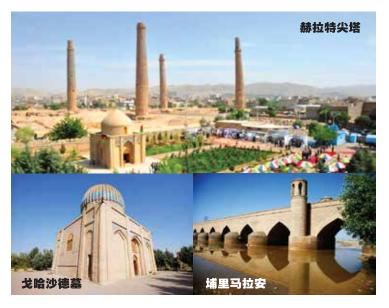
### 第10天

#### </ii> ○ 赫拉特 → 喀布尔(1晚)



早餐/午餐/晚餐

戈哈沙德墓和赫拉特尖塔。1885年,英国军队的军官炸毁了清真寺和Gawharshad的Madrassa的更大的建筑群,以防止在俄罗斯军队试图入侵时将其用作堡垒。但坟墓和尖塔仍然屹立不倒。参观古扎尔加清真寺和埔里马拉安,22拱桥。迟暮时候飞往喀布尔。



## 第11天

## ◎ 从喀布尔 → 马来西亚



早餐 / - / -

送到喀布尔机场乘飞机回家。

## 第12天

◎ 抵達家

## 酒店



喀布尔 Cedar Guesthouse 酒店或同级 (1 晚) ★★★★☆



巴米扬 Noorbandqala 酒店或同级 (2晚) ★★★☆☆



马扎里沙里夫 Arsalan酒店或同级 (3晚) ★★★★☆



赫拉特 Istiqlal酒店或同级 (2晚) ★★★★☆



喀布尔 Cedar Guesthouse 酒店或同级 (1 晚)★★★★☆

\*注意:酒店以最終確認為準。如果有變化,將向客戶提供與列表類似的住宿。

## 亮点

- ♥ 巴米扬及其佛像壁龛
- ♥ 青金石拉祖利 班德阿米尔蓝湖
- 马扎里沙里夫及其蓝瓦清真寺
- ♀ 巴尔赫
- 萨曼甘的塔赫特罗斯塔姆佛教佛塔
- ♀ 赫拉特和旧城及其尖塔

### 美食

餐飲數量

09 顿早餐 / 08 顿早餐 / 08 顿早餐

